



<b>Saint Joseph's, Saint Anne's &amp; Holy Family And Saint Patrick's</b>
<b>1<sup>st</sup> February 2026, Fourth Sunday in Ordinary Time, Year A</b>
Served By The Discalced Carmelites
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<b>1<sup>st</sup> February 2026, Fourth Sunday in Ordinary Time, Year A</b>	
1st Reading	Zephaniah 2:3; 3:12-13
Responsorial Psalm	Psalms 146:6-7, 8-9, 9-10
2nd Reading	1 Corinthians 1:26-31
Alleluia	Matthew 5:12A
Gospel	Matthew 5:1-12A

**1st Reading - Zephaniah 2:3; 3:12-13**

3 Seek the LORD, all you humble of the earth, who have observed his law; seek justice, seek humility; perhaps you may be sheltered on the day of the LORD's anger.  
12 But I will leave as a remnant in your midst a people humble and lowly, who shall take refuge in the name of the LORD:

13 the remnant of Israel. They shall do no wrong and speak no lies; nor shall there be found in their mouths a deceitful tongue; they shall pasture and couch their flocks with none to disturb them.

**Responsorial Psalm - Psalms 146:6-7, 8-9, 9-10**

R. (Mt 5:3) Blessed are the poor in spirit; the kingdom of heaven is theirs!  
or:  
R. Alleluia.

6C The LORD keeps faith forever, 7 secures justice for the oppressed, gives food to the hungry. The LORD sets captives free.

R. *Blessed are the poor in spirit; the kingdom of heaven is theirs!*  
or:  
R. Alleluia.

8 The LORD gives sight to the blind; the LORD raises up those who were bowed down. The LORD loves the just;  
9A the LORD protects strangers.

R. *Blessed are the poor in spirit; the kingdom of heaven is theirs!*  
or:  
R. Alleluia.

9B The fatherless and the widow the LORD sustains, but the way of the wicked he thwarts.  
10 The LORD shall reign forever; your God, O Zion, through all generations. Alleluia.

R. *Blessed are the poor in spirit; the kingdom of heaven is theirs!*  
or:  
R. Alleluia.

**2nd Reading - 1 Corinthians 1:26-31**

26 Consider your own calling, brothers and sisters. Not many of you were wise by human standards, not many were powerful, not many were of noble birth.  
27 Rather, God chose the foolish of the world to shame the wise, and God chose the weak of the world to shame the strong,

28 and God chose the lowly and despised of the world, those who count for nothing, to reduce to nothing those who are something,

29 so that no human being might boast before God.

30 It is due to him that you are in Christ Jesus, who became for us wisdom from God, as well as righteousness, sanctification, and redemption,

31 so that, as it is written, "Whoever boasts, should boast in the Lord."

**Alleluia - Matthew 5:12A**

R. Alleluia, alleluia.

12A Rejoice and be glad; your reward will be great in heaven.

R. Alleluia, alleluia.

**Gospel - Matthew 5:1-12A**

1 When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him.

2 He began to teach them, saying:

3 "Blessed are the poor in spirit, for theirs is the kingdom of heaven.

4 Blessed are they who mourn, for they will be comforted.

5 Blessed are the meek, for they will inherit the land.

6 Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

7 Blessed are the merciful, for they will be shown mercy.

8 Blessed are the clean of heart, for they will see God.

9 Blessed are the peacemakers, for they will be called children of God.

10 Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

11 Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.

12A Rejoice and be glad, for your reward will be great in heaven."

**Saint Of The Day**

**St Brigid of Ireland Biography**



**St Brigid of Ireland - Feast Day - 1<sup>st</sup> February 2026**

Date of Birth	451 AD
Place of Birth	Fochart, near Dundalk, County Louth, Ireland
Profession	Irish Nun
Place of Work	Ireland
Date of Death	525 AD
Place of Death	Kildare, Ireland
Feast Day	1 <sup>st</sup> February
Canonization	Pre-Congregation
Patron Saint of	Patronage <ul style="list-style-type: none"> <li>• babies</li> <li>• blacksmiths</li> <li>• boatmen</li> <li>• cattle</li> <li>• chicken farmers</li> </ul>

- children whose parents are not married
- dairymaids
- dairy workers
- fugitives
- infants
- Ireland
- mariners
- midwives
- milk maids
- new-born babies
- nuns
- poets
- poultry
- poultry farmers
- poultry raisers
- printing presses
- sailors
- scholars
- travellers
- watermen
- Douglas, Lanarkshire, Scotland
- Ivrea, Turin, Italy
- Leinster, Ireland
- Kildare, Ireland, diocese of

### **Saint Brigid of Ireland Life History**

St. Brigid of Ireland, born to Dubtach, the pagan Scottish king of Leinster, and Brocca, a Christian Pictish slave baptized by Saint Patrick, had a unique upbringing. Before her birth, her mother was sold to a Druid landowner, but Brigid remained with her until she was old enough to serve her legal owner, Dubtach.

Raised with high spirits and compassion, she was deeply influenced by Saint Patrick's preaching during her childhood.

Her benevolence extended to those in need, and she often gave away items that belonged to her father, Dubtach, to help the less fortunate.

When Dubtach attempted to sell her, she defended her actions by expressing her belief that "Christ dwelt in every creature."

Despite disagreements, a Christian king intervened, acknowledging Brigid's virtue and preventing Dubtach from harming her. Ultimately, Dubtach granted her freedom. Taking charge of her master's dairy, Brigid's generosity extended to distributing produce. The dairy flourished under her care, leading to the Druid's liberation of her mother. Rejecting an arranged marriage, Brigid sought to preserve her virginity and took her vows with Bishop Saint Mel of Ardagh. Legends tell of her prayer to lose her beauty, granted until she made her vows and an amusing incident during her ordination by Saint Patrick. In 468 AD, Brigid founded her first convent with seven nuns. Responding to bishops' invitations, she established convents across Ireland, demonstrating her extensive travels. She pioneered the concept of the double monastery, exemplified by Kildara on the Liffey River, accommodating both monks and nuns. Saint Conleth became its first bishop, and this connection, along with the installation of a bell lasting over 1000 years, contributed to her patronage of blacksmiths and related fields. St. Brigid died on February 1, 523 AD, in Kildare, Ireland. Her relics were initially interred in Kildare Cathedral, later transferred to Downpatrick, Ireland, in 878 AD, alongside those of Saint Patrick and Saint Columba of Iona. Subsequently, her relics were rediscovered on June 9 1185, with her head eventually moved to a Jesuit church in Lisbon, Portugal. Saint Brigid of Ireland is honoured as the Patron Saint for various individuals and places, including infants, blacksmiths, boatmen, cattle, chicken farmers, children of unmarried parents, dairymaids, dairy workers, fugitives, newborn babies, Ireland, mariners, midwives, milkmaids, nuns, poets, poultry, poultry farmers, poultry raisers, printing presses, sailors, scholars, travellers, watermen, as well as specific locations such as Douglas in Lanarkshire, Scotland; Ivrea in Turin, Italy; Leinster in Ireland; and the diocese of Kildare, Ireland.

### **Other Saints of the Day**

Saint Tryphon of Lampsacus

Blessed Luigi Variara

Blessed Reginald of Orléans

Blessed Benedict Daswa

Blessed Andrew of Segni

Saint Sigebert III of Austrasia

Saint Ursus of Aosta

Blessed Anna Michelotti

Saint Henry Morse

Blessed John of the Grating

Saint Veridiana

Saint Raymond of Fitero  
Saint Severus of Avranches

### **Blessed Anthony Manzi**

Blessed Anthony Manzi was also known as Anthony Manzoni, Anthony the Pilgrim or Antony. He was born in 1237 in Padua, Italy to a wealthy and pious family. His two sisters became nuns. When he took legal control of his fortune, Anthony Manzi gave it away to the poor and he was consequently shunned by his family and friends, including his nun sisters. He wandered all over Europe as a pilgrim from shrine to shrine and finally to Jerusalem. He finally returned to Padua, Italy and spent the rest of his life as a hermit near a church, surviving on help from people. When he died in 1267 in Padua, Italy, miracles were reported at his grave.

### **Blessed Conor O'Devany**

Blessed Conor O'Devany was also known as Conchubhar Ó Duibheanaigh. He was born in 1530 AD in Ulster, Armagh, Ireland. He was a Franciscan Friars Minor (Observants) priest. He was chosen bishop of the diocese of Down and Connor, Ireland on May 13 1582 by Pope Gregory XIII. He was arrested in 1588 AD during the anti-Catholic panic following the failed invasion by the Spanish Armada and rearrested again in 1611 AD, he is one of the Irish Martyrs. He was hanged on February 1 1611 in Dublin, Ireland. He was beatified on The 27<sup>th</sup> September 1992 by Pope John Paul II in Rome, Italy. We celebrate him with an additional Memorial on June 20 as one of the Irish Martyrs.

### **Saint Asclepiades**

St Asclepiades was a martyr burned to death at the stake on 12 March 250 AD. During the persecutions of Decius, Asclepiades and fifteen fellow parishioners, hearing they were about to be arrested, spent the night of 22-23 February 250 AD in prayer however, they were arrested in the morning at the end of Mass. They had put on their own chains and shackles to make it obvious that they were prisoners, and not going to apostatize. Asclepiades was racked and torn with hooks to make him sacrifice to pagan gods were he refused.

### **Saint Sabinus**

St Sabinus was a martyr burned to death at the stake on March 12 250 AD. During the persecutions of Decius, Sabinus and fifteen fellow parishioners, hearing they

were about to be arrested, spent the night of 22-23 February 250 in prayer however, they were arrested in the morning at the end of Mass. They had put on their own chains and shackles to make it obvious that they were prisoners, and not going to apostatize. Racked and torn with hooks to make him sacrifice to pagan gods; he refused.

### **Saint Cinnia of Ulster**

St Cinnia of Ulster, also known as Kinnia, was born in Irish and died in the 5th century. She was a princess of Ulster, Ireland. St Patrick not only converted her to Christianity but also gave her the veil when she became a nun. She was greatly honoured in County Louth, Ireland.

### **Saint Paul of Trois Châteaux**

St Paul of Trois Châteaux was born in Rheims, Gaul and died of natural causes in 405 AD. Paul fled his home to escape the Germanic tribes invading the northern provinces of the Roman empire. He became a hermit near Arles, France. Reluctant bishop of the former diocese of Augusta Tricastinorum (modern Saint-Paul-Trois-Châteaux), Dauphine (in modern France).

### **Saint Brigid of Fiesole**

St Brigid of Fiesole, also known as Brigid the Younger, died of natural causes in the 9th century. She was a sister of St Andrew of Fiesole and a hermitess in the Apennines mountains of Italy. Legend says that when her brother was dying, angels carried her to his deathbed for a final visit.

### **Saint Cecilius of Granada**

St Cecilius of Granada, also known as Cecilio of Granada, was a Patronage of Granada, Spain. He was the first bishop of Granada, Spain. One tradition says that he was a disciple of St James the Greater, and was consecrated as bishop by Saint Peter the Apostle.

### **Blessed Patrick O'Lougham**

Blessed Patrick O'Lougham was born in 1530 AD in Ulster, Armagh, Ireland and died by being hanged on February 1 1611 in Dublin, Ireland. He was a martyr and a bishop in Ireland. He was beatified on September 27 1992 by Pope John Paul II in Rome, Italy. He has an additional memorial on 20th June as one of the Irish Martyrs

### **Saint Severus of Ravenna**

St Severus of Ravenna was born in Ravenna, Italy and died in 348 AD. He was a bishop of Ravenna, Italy in 283 AD. He attended the Council of Sardica in 344 AD. His relics at some point were taken to Pavia but in 836 AD the relics were transferred to Erfurt, Germany. He was a Patronage of hatters.

### **Saint Darlaugdach of Kildare**

St Darlaugdach of Kildare was also known as Dardulacha, Darlugdach, Darulagdach or Derlugdach. She was a spiritual student of St Brigid at her convent in Kildare, Ireland. She succeeded St Brigid as abbess of the house. She later died of natural causes in 524 AD.

### **Saint Agrepe**

St Agrepe was also known as Agreve, Agrippano or Agripanus. He was a seventh-century bishop of Le Puy-en-Velay, France and also a Pilgrim to Rome, Italy. On his way home he was murdered by being beheaded at Chiniac, Vivarais, Aquitaine (modern Saint-Agrève, France) by idol worshippers.

### **Saint Jarlath**

St Jarlath, also known as Hierlath, was born in Irish and died of natural causes in 480 AD. He was a spiritual student of St Patrick and also a bishop of Armagh, Ireland. he was involved in the monastic expansion and general missionary work in the British Isles.

### **Saint Autbert of Landevennec**

St Autbert of Landevennec died of natural causes in 1129 AD. He was a Benedictine monk at Landevennec, Brittany, France and also a chaplain to the nuns of St Sulpice, Rheims, France.

### **Saint Crewanna**

St Crewanna, also known as Crewenna, died in the 5th century. He was assisted with St Breaca's missionary work in Cornwall, England. The town of Crowan was named for him.

### **Saint Clarus of Seligenstadt**

St Clarus of Seligenstadt died in 1048 AD. He was an ascetic hermit in Seligenstadt, Germany.

### **Martyrs of Avrillé**

Martyrs of Avrillé died On The 1<sup>st</sup> February 1794 in Avrillé, Maine-et-Loire, France. They were forty-seven Christians executed together for their faith in the anti-Catholic persecution of the French Revolution.

They were beatified on The 19<sup>th</sup> February 1984 by Pope John Paul II in Rome, Italy.

- Victoire Bauduceau épouse Réveillère
- Suzanne Androuin
- Simone Chauvigné veuve Charbonneau
- Rose Quenion
- Renée Valin
- Renée Martin épouse Martin
- Renée Grillard
- Renée Cailleau épouse Girault
- Perrine-Charlotte Phelippeaux épouse Sailland d'Epinat
- Perrine Sailland d'Epinat
- Perrine Ledoyen
- Perrine Grille
- Perrine Besson
- Perrine Androuin
- Odilia Baumgarten
- Marie-Jeanne Chauvigné épouse Rorteau
- Marie-Anne Vaillot
- Marie Roualt épouse Bouju
- Marie Leroy épouse Brevet
- Marie Leroy
- Marie Lenée épouse Lepage de Varancé
- Marie Grillard
- Marie Gasnier épouse Mercier
- Marie Gallard épouse Quesson
- Marie Fausseuse épouse Banchereau
- Marie Cassin épouse Moreau
- Marie Anne Pichery épouse Delahaye
- Marguerite Rivière épouse Huau
- Madeleine Sailland d'Epinat

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- Madeleine Perrotin veuve Rousseau
- Madeleine Blond
- Louise-Olympe Rallier de la Tertinière veuve Déan de Luigné
- Louise-Aimée Dean de Luigné
- Jeanne-Marie Sailland d'Épinatz
- Jeanne Gruget veuve Doly
- Jeanne Fouchard épouse Chalonneau
- Jeanne Bourigault
- Jacqueline Monnier
- Gabrielle Androuin
- François Pagis épouse Railleau
- François Michau
- François Bonneau
- François Bellanger
- Charlotte Davy
- Catherine Cottenceau
- Anne-François de Villeneuve
- Anne Hamard

### Martyrs of Korea

Martyrs of Korea were thousands of people were murdered in the anti-Catholic persecutions in Korea.

Their names are;

- Saint Barbara Ch'oe Yong-i
- Saint Paulus Hong Yong-ju
- Saint Ioannes Yi Mun-u

Catholic Sunday Mass Readings Homily for The 1<sup>st</sup> February 2026, Fourth Sunday in Ordinary Time, Year A

The 1<sup>st</sup> Of February 2026 Catholic Sunday Readings Homily Theme: The Beatitudes Explained - Luke 6:20-26, Matthew 5:1-12 Sick Of the Parish:



Please pray for all the Sick in our three Parishes "My Payers and Good Wishes to All."

### Mass Times For the weekend:

Saturday Night Mass Times	
Saint Josephs	5:30pm
Sunday Mass Times	
Saint Joseph's	9:30am
Saint Anne's & Holy Family	11:00 am
Saint Patrick's Ryhope	9:30 am

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